Influenza vaccinations are still available in the Employee Health Station. Vaccinations are open to all Federal employees of ORO, OSTI, and supported Site Offices and to our support contractors. The vaccines will be distributed while supplies last, in accordance with the following schedule. No vaccinations will be given daily from 1:00 p.m. until 2:00 p.m. while the Nurse breaks for lunch.

ORO Employee Health Station – Mondays and Tuesdays from 9:00 a.m. until 4:00 p.m.
545 Oak Ridge Turnpike Wednesdays from 2:00 until 4:00 p.m.
Thursdays and Fridays from 9:00 a.m. until 4:00 p.m.

OSTI Employee Health Station – Wednesdays from 8:30 until Noon

Individuals who wish to be vaccinated should read and complete the attached Patient Informed Consent Form prior to receiving their injection. **Please bring the <u>completed</u> form with you when you come for your vaccination.** Individuals under 18 years of age must bring written permission from a parent or guardian before receiving the vaccine. Only one injection per vaccine is needed per person.

Persons who are allergic to eggs may be at risk for allergic reactions from receiving influenza vaccines. Individuals who have had any of the following symptoms or experiences should seek vaccination from their primary care physician:

- hives or swelling of the lips or tongue;
- acute respiratory distress (trouble breathing) after eating eggs; or
- documented hypersensitivity to eggs, including those who have had asthma related to egg exposure at their workplace or other allergic responses to egg protein.

Flu viruses are spread mainly from person to person through coughing or sneezing by people with influenza. Sometimes people may become infected by touching something, such as a surface or object with flu viruses on it, and then touching their mouth or nose. All employees are encouraged to use hand sanitizer and wash their hands frequently to help prevent the spread of germs and viruses.

Questions should be directed to Yvonne Dias-Bowie, RN, at 576-0682.