

The Department of Energy's most important asset is its employees, and the agency is dedicated to maintaining a healthy and productive workforce. To that end, each site provides Employee Assistance Program (EAP) services to help individuals with issues in their personal and professional lives.

EAPs offer no-cost, confidential, short-term counseling and community resource referral for various issues affecting employee mental and emotional well-being, such as stress, grief, financial, depression/anxiety, family problems, workplace conflict, and substance abuse. Immediate family members of employees may also take advantage of EAP services at no cost. EAP counselors also work in a consultative role with managers and supervisors to help address workplace and organizational challenges and needs. Many EAPs are active in helping organizations prevent and cope with workplace violence, trauma, and other emergency response situations.

For more information, or to contact the EAP at your location, please call your occupational medical clinic or human resources office.