

U.S. Department of Energy

OAK RIDGE OPERATIONS OFFICE

ANNOUNCEMENT

3950

April 11, 2006

SUBJECT: U.S. DEPARTMENT OF ENERGY BLOOD DONOR PROGRAM

Medic will be accepting donations in Rooms B-08 through B-12 of the Federal Building on Tuesday, April 25, 2006, from 8 a.m. to 4 p.m. All donors will receive a free T-shirt and free cholesterol screening at the time of donation. Results of the free cholesterol screening should arrive in the mail within 4-6 weeks from the date of donation. Donors and individuals claimed as dependents under Internal Revenue Service guidelines will be exempt from paying blood supplier processing fees at any hospital in the United States for 1 year.

No fasting is necessary, and no appointment is required. Positive identification, such as a driver's license, is required for a donation. No donations will be taken from noon to 1 p.m. while Medic employees break for lunch.

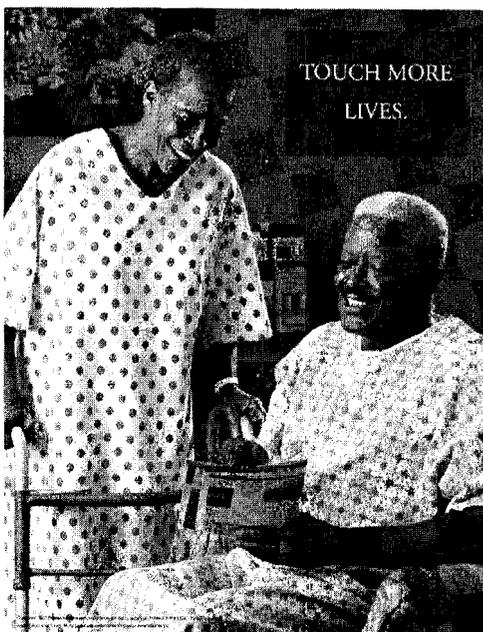
Questions about the blood drive should be referred to Betty Blackman, R.N., at (865) 576-0682.



Melanie M. Kent, Chief
Federal Human Resources Branch

DISTRIBUTION: All ORO, OSTI, and Contractor Employees

No: 7



What does it mean to donate with the Alyx System?

Blood contains red cells, plasma and platelets. Red blood cells are an absolutely essential component in emergency medical situations and can mean the difference between life and death for trauma victims and those undergoing surgery. Red blood cells are also used to treat people with certain types of cancer and sickle cell anemia. Because red blood cells are so essential, they are also the most needed blood component—with approximately 14 million pints transfused every year.

The new Alyx System specifically collects red blood cells and helps increase the supply of this critically needed blood component.

Your deferral rate is twice as long—112 days instead of 56 days. Alyx Donors receive two MEDIC membership credits!

Do I Qualify?

- Women must be at least 5'5" and weigh at least 150 pounds
- Men must be at least 5'1" and weigh at least 130 pounds
- Hematocrit must be 40% for Alyx and 38% for whole blood—both men & women

WHY? Men and women have different total blood volumes. Even for men and women of the same weight, their blood volumes will differ. Because of this difference, the Food & Drug Administration (FDA) has established different donor requirements for men and women. If you fit this criteria, you can safely and comfortably provide two units of red blood cells with one donation—and touch more lives.

How long will it take?

A typical donation on the Alyx System takes just 20 to 25 minutes.

Should I do anything different after donating with the Alyx System?

Just as with whole blood donation, donors should drink plenty of fluids; and refrain from strenuous exercise for 24 hours immediately following donation.

Touch more lives with the Alyx System.

More than ever before, the gift of your blood donation is needed. And more than ever before, the Alyx System allows donors like you to extend your gift further and touch more lives.

1601 Ailor Avenue
Knoxville, TN 37921

MEDIC
Regional Blood Center
A Not-for-Profit Organization

865-524-3074
www.medicblood.com