

OR 3910

January 8, 2002

SUBJECT: WEIGHT WATCHERS AT WORK PROGRAM

An open informational meeting of Weight Watchers at Work will be held from noon to 1 p.m. today, January 8, 2002, in Rooms B-04 through B-08 of the Federal Building. Over the past year, members of this class have lost a total of 1,011 pounds!

In order to continue this program, fifteen individuals must register and pay dues by January 14, 2002. The class will continue for 10 weeks. The charge for the class will be \$115 for new/rejoining members; \$105 for continuing/current members; and \$90 for lifetime members. Members may choose to pay the entire fee at one time or pay half their membership fee with a check dated January 15, 2002, and the remaining balance with a second check post-dated for 4 weeks later. Individuals interested in attending the class should bring their checks, made out to Weight Watchers, to the Employee Health Station, Room 1207 of the Federal Building, by January 14, 2002.

Location and dates of the winter session will be:

<u>DATE</u>	<u>CONFERENCE ROOM</u>
Tuesday, January 15, 2002	G-215
Tuesday, January 22, 2002	B-04 through B-08
Tuesday, February 5, 2002	B-04 through B-08
Tuesday, February 12, 2002	B-04 through B-08
Tuesday, February 19, 2002	B-04 through B-08
Tuesday, February 26, 2002	B-04 through B-08
Tuesday, March 5, 2002	B-04 through B-08
Tuesday, March 12, 2002	B-04 through B-08
Tuesday, March 19, 2002	B-04 through B-08

Questions may be directed to Iris Housley, RN, BSN, at 576-0682 or Dana Hatmaker at 576-5973.


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