

OR 3910

June 5, 2001

SUBJECT: WEIGHT WATCHERS AT WORK

The final session of the spring class of the Weight Watchers at Work Luncheon Series will be held on Tuesday, June 19, 2001, from 12 noon to 1 p.m. in Room B-08 of the Federal Building. This session is open to all individuals who would like to attend and learn about this weight reduction program.

For the summer class, which will begin on June 26, 2001, there will be a special offer of 12 weeks for the price of 10 weeks. In order to offer this class, 15 participants are needed. The charge for the summer class will be \$115 for new/rejoining members; \$105 for continuing/current members; and \$90 for lifetime members. Usually, the average weight loss is 1-2 pounds per week.

Full payment for the summer class must be received by June 26, 2001. Payment may be made with two checks, one dated currently with one-half of the required amount, and a second check post-dated for 4 weeks later. Individuals interested in attending this upcoming class should bring your checks, made out to Weight Watchers, to the Employee Health Station, Room 1207, in the Federal Building. All employees and contractors are welcome to attend.

Questions may be directed to Iris Housley, RN, BSN, at 576-0682 or Dana Hatmaker at 576-5973.



Melanie M. Kent, Chief
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